

COLLEGE LOOP on November 2, 2017**Distance 3.33 miles**

Pos	Runner	M/F	Age	Handicap	Handicap Position	Elapsed Time	Running Time	How did I do?	Pace per mile	Handicap Pace	H/Cap %	Age %	Club Standard
1	Nigel Seale	M	57	17:12	13	39:20	22:08	Welcome to your first run of the season	06:39	06:50	103%	75.7%	Silver
2	Paul Wiegand	M	58	16:39	14	39:21	22:42	Welcome to your first run of the season	06:49	07:00	103%	74.4%	Silver
3	Ann Trett	F	34	16:06	6	38:54	22:48	Welcome to your first run of the season	06:51	07:10	105%	70.0%	Silver
4	Tim Clough	M	46	16:06	8	39:02	22:56	Welcome to your first run of the season	06:53	07:10	104%	66.8%	Bronze
5	Ellen Connolly	F	37	16:06	10	39:12	23:06	Welcome to your first run of the season	06:56	07:10	103%	69.8%	Silver
6	Carol Bowett	F	37	15:32	20	39:53	24:21	Welcome to your first run of the season	07:19	07:20	100%	66.3%	Bronze
7	Gemma Rose	F	31	14:59	15	39:23	24:24	Welcome to your first run of the season	07:20	07:30	102%	65.1%	Bronze
8	Maire Kay	F	52	15:32	27	40:50	25:18	Welcome to your first run of the season	07:36	07:20	97%	72.8%	Silver
9	Emma Smith	F	28	13:19	16	39:28	26:09	Welcome to your first run of the season	07:51	08:00	102%	60.7%	Bronze
10	Bob Hicks	M	41	13:19	18	39:42	26:23	Welcome to your first run of the season	07:55	08:00	101%	55.9%	
11	Jane Greenwood	F	62	13:19	19	39:46	26:27	Welcome to your first run of the season	07:57	08:00	101%	79.7%	Gold
12	Tony Foice-Beard	M	41	12:13	7	38:54	26:41	Welcome to your first run of the season	08:01	08:20	104%	55.2%	
13	Carly Read	F	36	12:13	9	39:11	26:58	Welcome to your first run of the season	08:06	08:20	103%	59.6%	Bronze
14	Jay Gilbert	F	39	12:46	21	39:59	27:13	Welcome to your first run of the season	08:10	08:10	100%	59.9%	Bronze
15	Dean Payne	M	44	12:46	24	40:13	27:27	Welcome to your first run of the season	08:15	08:10	99%	54.9%	
16	Martin Kinghorn	M	57	09:59	4	37:28	27:29	Welcome to your first run of the season	08:15	09:00	109%	61.0%	Bronze
17	Carol Slater-Garner	F	41	11:39	11	39:15	27:36	Welcome to your first run of the season	08:17	08:30	103%	59.8%	Bronze
18	Katie Irlam	F	23	11:39	12	39:16	27:37	Welcome to your first run of the season	08:18	08:30	103%	57.4%	
19	Gemma Read	F	37	12:13	22	40:02	27:49	Welcome to your first run of the season	08:21	08:20	100%	58.0%	
20	Stacie Youngs	F	28	10:33	5	38:31	27:58	Welcome to your first run of the season	08:24	08:50	105%	56.7%	
21	Gilly Anderson	F	36	09:59	23	40:02	30:03	Welcome to your first run of the season	09:01	09:00	100%	53.5%	
22	Julie Garner	F	53	09:26	17	39:31	30:05	Welcome to your first run of the season	09:02	09:10	101%	62.0%	Bronze
23	Lynne Braginton	F	42	06:06	3	37:14	31:08	Welcome to your first run of the season	09:21	10:10	109%	53.3%	
24	Lucy Hicks	F	35	08:53	25	40:14	31:21	Welcome to your first run of the season	09:25	09:20	99%	51.1%	
25	Beth Moore	F	27	08:53	26	40:16	31:23	Welcome to your first run of the season	09:26	09:20	99%	50.5%	
26	Benji Carter	M	44	09:26	28	41:03	31:37	Welcome to your first run of the season	09:30	09:10	97%	47.7%	
27	Tracy Veenendaal	F	50	00:00	1	36:05	36:05	Welcome to your first run of the season	10:50	12:00	111%	49.8%	
28	Paula Connolly	F	49	00:00	2	37:13	37:13	Welcome to your first run of the season	11:11	12:00	107%	47.7%	