

COLLEGE LOOP on November 4, 2014
Distance 3.33 miles

Pos	Runner	M/F	Age	Handicap	Handicap Position	Elapsed Time	Running Time	How did I do?	Pace per mile	Handicap Pace	Performance H/Cap %	Performance Age %
1	Martin Jennings	M	43	15:32	3	0:34:54	19:22	Welcome to your first run of the season	05:49	06:20	108.9%	77.3%
2	Shane Draper	M	47	15:32	4	0:35:20	19:48	Welcome to your first run of the season	05:57	06:20	106.6%	78.0%
3	Gary Bligh	M	45	15:32	10	0:36:08	20:36	Welcome to your first run of the season	06:11	06:20	102.4%	73.8%
4	Tim Chapman	M	50	14:59	14	0:36:14	21:15	Welcome to your first run of the season	06:23	06:30	101.9%	74.4%
5	Dean Clark	M	18	14:59	28	0:36:38	21:39	Welcome to your first run of the season	06:30	06:30	100.0%	66.0%
6	Adam Chown	M	26	14:26	16	0:36:15	21:49	Welcome to your first run of the season	06:33	06:40	101.7%	63.4%
7	Paul Griffin	M	49	14:26	21	0:36:28	22:02	Welcome to your first run of the season	06:37	06:40	100.7%	71.1%
8	Stuart Follen	M	40	15:32	38	0:37:46	22:14	Welcome to your first run of the season	06:40	06:20	94.9%	65.8%
9	Rod Sinnott	M	47	14:09	18	0:36:23	22:14	Welcome to your first run of the season	06:41	06:45	101.1%	69.4%
10	Paul Wiegand	M	55	14:26	31	0:36:40	22:14	Welcome to your first run of the season	06:41	06:40	99.8%	74.1%
11	John Shaw	M	45	13:52	13	0:36:14	22:22	Welcome to your first run of the season	06:43	06:50	101.8%	67.9%
12	Justin Showell	M	45	13:52	15	0:36:15	22:22	Welcome to your first run of the season	06:43	06:50	101.7%	67.9%
13	Dan Carrington	M	23	14:09	25	0:36:35	22:26	Welcome to your first run of the season	06:44	06:45	100.2%	61.6%
14	Maire Irlam	F	49	13:52	33	0:36:43	22:51	Welcome to your first run of the season	06:52	06:50	99.6%	77.7%
15	Clive Harrod	M	56	14:09	37	0:37:22	23:13	Welcome to your first run of the season	06:58	06:45	96.8%	71.5%
16	Richard Aggar	M	37	12:46	34	0:36:45	23:59	Welcome to your first run of the season	07:12	07:10	99.5%	59.7%
17	Nicky Jennings	F	41	11:23	8	0:35:53	24:30	Welcome to your first run of the season	07:22	07:35	103.0%	67.3%
18	Alan Bird	M	44	11:23	9	0:36:06	24:43	Welcome to your first run of the season	07:25	07:35	102.1%	61.0%
19	Ann Trett	F	31	11:39	20	0:36:27	24:48	Welcome to your first run of the season	07:27	07:30	100.7%	64.0%
20	Marc Martin	M	40	11:39	29	0:36:39	25:00	Welcome to your first run of the season	07:30	07:30	99.9%	58.5%
21	Max Pearson	M	38	11:23	24	0:36:35	25:12	Welcome to your first run of the season	07:34	07:35	100.2%	57.2%
22	Adam Oakes	M	40	11:23	35	0:36:55	25:32	Welcome to your first run of the season	07:40	07:35	98.9%	57.3%
23	Ramune Raicheliene	F	34	10:49	22	0:36:30	25:41	Welcome to your first run of the season	07:43	07:45	100.5%	62.2%
24	Jay Gilbert	F	36	10:49	36	0:37:09	26:20	Welcome to your first run of the season	07:54	07:45	98.0%	61.0%
25	Michelle Gilbert	F	35	09:59	27	0:36:38	26:39	Welcome to your first run of the season	08:00	08:00	100.0%	60.1%
26	Roger Williams	M	66	09:59	32	0:36:42	26:43	Welcome to your first run of the season	08:01	08:00	99.7%	67.9%
27	Stacey Webb	F	28	08:36	5	0:35:27	26:51	Welcome to your first run of the season	08:04	08:25	104.4%	59.1%
28	Neil Bailey	M	38	08:36	30	0:36:39	28:03	Welcome to your first run of the season	08:25	08:25	99.9%	51.4%
29	Sharon Bird	F	43	06:40	6	0:35:50	29:10	Welcome to your first run of the season	08:46	09:00	102.7%	57.4%
30	Larissa Follen	F	40	06:40	7	0:35:51	29:11	Welcome to your first run of the season	08:46	09:00	102.7%	56.1%
31	Tracy Farr	F	42	05:33	11	0:36:09	30:36	Welcome to your first run of the season	09:11	09:20	101.6%	54.3%
32	Jac Richards	F	47	05:33	12	0:36:10	30:37	Welcome to your first run of the season	09:12	09:20	101.5%	56.7%
33	Denise Griffin	F	50	05:33	17	0:36:16	30:43	Welcome to your first run of the season	09:13	09:20	101.2%	58.5%
34	Tracey Howard	F	38	05:33	19	0:36:26	30:53	Welcome to your first run of the season	09:16	09:20	100.6%	52.5%
35	Sarah Rippon	F	47	05:33	26	0:36:36	31:03	Welcome to your first run of the season	09:19	09:20	100.1%	55.9%
36	Sarah Foley	F	46	01:40	1	0:34:24	32:44	Welcome to your first run of the season	09:50	10:30	106.8%	52.5%
37	Jane Greenwood	F	59	01:40	2	0:34:24	32:44	Welcome to your first run of the season	09:50	10:30	106.8%	61.7%
38	Paul Hewitt	M	47	05:33	39	0:41:00	35:27	Welcome to your first run of the season	10:39	09:20	87.7%	43.5%
39	Gill Holmes	F	61	00:00	23	0:36:34	36:34	Welcome to your first run of the season	10:59	11:00	100.2%	56.9%